

ANNUAL REPORT 2021-22



**TEEN
CHALLENGE**
SOUTH AUSTRALIA

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From our CEO



GRAHAM ROSS
CEO

It is my pleasure to welcome you to Teen Challenge South Australia's 2021-22 annual report.

Our aim is to be a powerfully effective Christian rehabilitation service to the community of South Australia. We are driven by our shared purpose to contribute to improving the health and wellbeing of men struggling with addiction.

This year, we have enjoyed some significant highlights:

- We celebrated several student baptisms and graduations.
- Our students visited many churches and conferences.
- Our annual Ride 4 Rehab took place in conjunction with our first open day at our Strathalbyn facility.
- Our 2021 Break the Chains: Ride for Recovery raised over \$21,000.
- We held our first-ever corporate event for our 100&1 Club.

Looking ahead, we are excited about the coming year. We will be working towards our strategic goals of:

- serving people whose lives are or have been bound by addiction
- growing our team so we can offer more support services
- giving hope to the families of those who are participating in our programs.

I would like to extend my sincere thanks to our staff for their generosity and commitment, our board for their leadership and unwavering support, and our dedicated volunteers, sponsors, donors and corporate partners. Thank you so much for your support. We would not be able to undertake the significant work that we do without your faithful commitment.

I encourage you to explore our website and connect with us if you are seeking assistance or wish to support Teen Challenge SA in any way.



SERVING PEOPLE

whose lives are or have been affected by addiction



GROWING OUR TEAM

so we can offer more support services

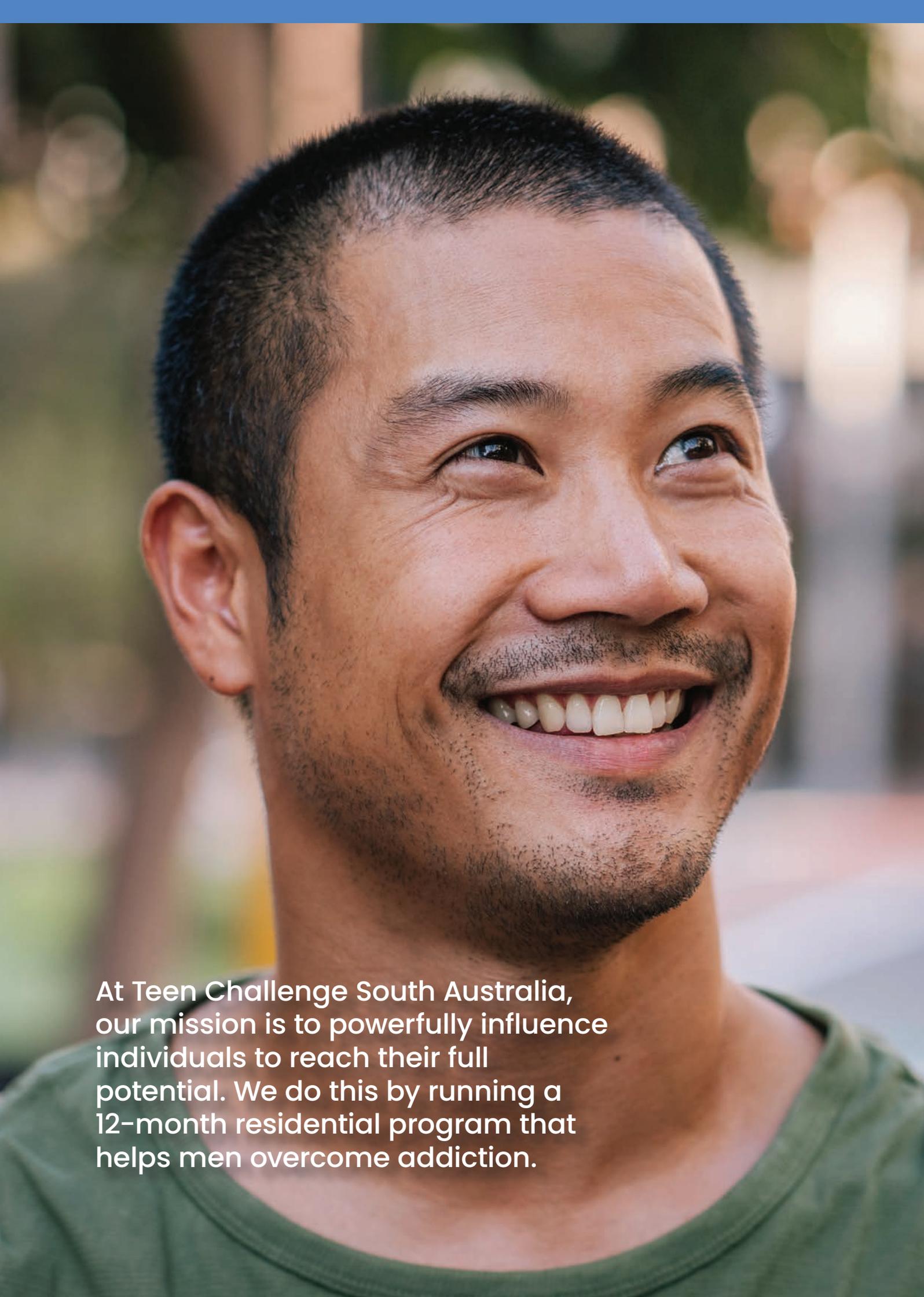


GIVING HOPE TO FAMILIES

of those participating in our program

'I would like to extend my sincere thanks to our staff for their generosity and commitment, our board for their leadership and unwavering support, and our dedicated volunteers, sponsors, donors and corporate partners.'





At Teen Challenge South Australia,
our mission is to powerfully influence
individuals to reach their full
potential. We do this by running a
12-month residential program that
helps men overcome addiction.



About us

NO ONE IS BEYOND REACH

Established nearly 60 years ago, Teen Challenge worldwide has 1,400 centres in 129 countries. Our residential program has been one of the largest and most effective substance abuse recovery and prevention programs of its kind. Teen Challenge was founded on the belief that no one is beyond the reach of Jesus Christ. We know through our experience and extensive independent research that our programs work, and through participating in them, it is possible to live a life free from addictions and destructive behaviours.

THE LIVING FREE PROGRAM

We run a 12-month residential rehabilitation program called Living Free. Living Free is designed to support people with life-controlling issues by teaching them new ways of living. Our program is currently for men only, aged 18 and above. Our live-in rehabilitation facility is located in Strathalbyn, South Australia.

A VIBRANT RECOVERY COMMUNITY

Teen Challenge South Australia is a vibrant recovery community with staff available at all times. We are a Christian-based program promoting a biblical approach to recovery and addiction treatment. Many of our clients are not necessarily people of the Christian faith; however, our program caters to clients from many walks of life who are open to our approach.

Our board

Teen Challenge South Australia was established in 1982 and is a not-for-profit organisation governed by a board of directors. Teen Challenge South Australia is a registered charity and public benevolent institution.



GRAHAM ROSS
CEO

Graham has been CEO of Teen Challenge South Australia since 2006. He served on the state executive in South Australia for the Australian Christian Churches and is currently pastoring Teen Challenge Chapel. Graham is also CEO of two other not-for-profit organisations, Cornerstone Housing Ltd and Help at Home Inc.



WESLEY CHAPMAN
CHAIR

Wesley is an innovative leader with over 20 years of experience in a variety of strategic leadership roles. Wesley is currently the general manager strategic development with PEER. His key skill areas include strategy, governance, leadership, finance and business development.



PETER COBIAC
TREASURER

Peter has worked for Corporate Scorecard since 2003 as chief ratings analyst/project manager in the financial analytics team, providing corporate, financial and risk advisory services to large Australian-based organisations and government departments.



BRENTON BYERLEE
SECRETARY

Brenton is a fourth-generation farmer on the property, Wyndhurst, 30 kilometres north-west of Orroroo in the lower Flinders Ranges. Brenton is managing director of Soil Management Systems, specialising in soil and plant nutrition advice to farmers. He is also a director and on the Board of Australian Biofert Pty Ltd, specialising in custom organic fertilisers.



GREG DONALD
BOARD MEMBER

Greg is the senior pastor of Engage Church Kadina. Greg spent over ten years pastoring in the Northern Territory, where he managed four crisis intervention youth centres, was the senior case manager for incarcerated youth justice juveniles and was the general manager of a mandated residential alcohol treatment centre. Greg graduated from Bible college in 2004. Before this, he graduated from Teen Challenge NSW in 2001.

37.5

AVERAGE AGE
OF STUDENTS

6

TREATMENT
ADMISSIONS

10

AVERAGE NUMBER
OF STUDENTS

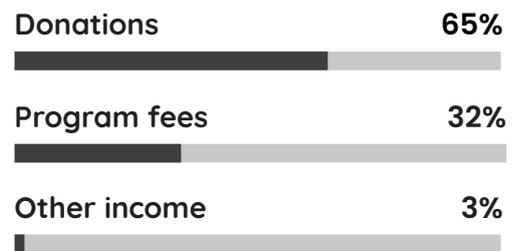
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NUMBER
OF INTERNS





SOURCES OF FUNDING



\$61,978

AVERAGE COST PER
STUDENT/INTERN

91,488

HOURS
OF SUPPORT



Program highlights

DARREN HISCOCK

Program Manager

This has been a full but exciting year. The Teen Challenge SA Living Free program has continued to go from strength to strength at our new home in Strathalbyn. The team and I are very excited to continue to work under God's guidance to grow a program that fosters change in the lives of men struggling with addiction.

STAGE REFORM

Over the last year, we have been working closely as a team to establish set guidelines around the stages of the 12-month program. This task has been exceedingly beneficial for ensuring the service that Teen Challenge SA offers is direct and intentional in its approach. We now have strong guidelines, objectives, and assessment strategies for each program stage.

Stage 1 looks at the concept of self-identity. The students focus on regaining physical health and, with the support of Teen Challenge, can see a GP or other healthcare professional to ensure a plan for their improved physical health.

In stage 2, students are now established in the program and familiar with the routine. We begin to push the students in their self-identity. We support the students to realise their own self-confidence.

We help them understand the cycles of their addiction, what the stages of change are, and how to develop and maintain a positive mindset.

Stage 3 is where students become more independent. The focus is on their leadership qualities, family and relationships, and personal development. Students become more responsible and become leaders in the Teen Challenge community. Their study revolves around appropriate social skills, including communication techniques and conflict resolution.

Stage 4 is a transition stage. Students in this stage are now more free to explore opportunities for themselves after the program. The staff will assist these students in their need for housing and study/employment and support them to build connections and receive Christian support outside Teen Challenge SA.

INTAKE REFORM

Shane has done a tremendous job completing an overhaul of our intake process. We now have a very thought-out and methodical approach, which includes service standards and requirements. The procedure Shane has implemented has been easy to understand and user-friendly and also allows space for Teen Challenge SA to show love and grace to the wider community.

CELEBRATIONS

This year, we've had nine baptisms at our site in Strathalbyn. This reminds us of the glory of God and the continued love and guidance he gives us.

We also had 6 students complete the 12-month program and transition back into the greater community well with employment/study, housing and Christian support.



PROGRAM UPDATES

Over the last 12 months, the team and I have been working hard to establish connections and relationships in the community that can provide the program with support. We have been able to fill our weekly timetable with meaningful and intentional learning.

12 STEPS CLASS

This class has been based on the book, *Conquering Chemical Dependency – A Christ-Centered 12-Step Process*. In this class, we challenge the students to dive into their pasts and understand how they went wrong and how they can better their lives for the future.

LIFE SKILLS

The life skills class continues to develop. Will and I are continuing to research new ways to teach the students skills, such as effective communication, conflict resolution, coping with guilt and shame, and improving self-esteem and self-control.

PERSONAL DEVELOPMENT

Personal development is run by two volunteers. One is a trained professional who teaches the students about body mindfulness, helping them understand how their body reacts to certain situations. Secondly, the students are engaged in classes on public speaking, financial literacy and positive mindsets.



Fundraising & events



BREAK THE CHAINS RIDE

The 'Break the Chains 2021: Ride for Recovery Challenge' was held in October 2021 with a small but dedicated group of eight registered riders supported by hundreds of loyal donors.

By the 11.59pm deadline on 31 October, a collective total of 3,990.37 kilometres were ridden over the 31 days, and \$21,529 was raised! Riders rode around various locations in metropolitan Adelaide, country South Australia and even the Sunshine Coast in South East Queensland!

Running this year's event virtually and for an entire month provided riders with some flexibility to choose where they wanted to ride, how long they wanted to ride, with whoever they chose and at any time. It proved to be a beneficial way to overcome some of the logistical issues posed by COVID-19.



OPEN DAY AND RIDE 4 REHAB

In November 2021, we held a combined open day and Ride 4 Rehab fundraiser at Strathalbyn.

First to arrive were the motorbike riders part of our Ride 4 Rehab, who ended their ride through the Adelaide Hills in time for lunch.

Also joining us for lunch were our generous supporters, local church members and some of our new neighbours. Our 150 guests enjoyed a BBQ and salad lunch, catered for by our students, and a tour of the new facility.

During a time of worship led by two of our students, our special guest, Malcolm Smith, Executive Director of Teen Challenge Western Australia, unveiled a plaque, dedicating the facility and work of Teen Challenge SA to the Lord.

STUDENT 100&1 CLUB CHALLENGE

In April 2022, four Teen Challenge SA students undertook a challenge as part of our 100&1 Club!

Their challenge involved riding and walking 270 laps of the 1.1-kilometre perimeter of the Teen Challenge SA property. Each member went for a personal best.

- Roger, 65 years old – 30 laps
- Aaron, 31 years old – 100 laps riding/walking
- Neil, 51 years old – 40 laps walking
- Gary, 63 years old – 100 laps riding/walking

Other challenges can be viewed at www.100and1club.org.au



100&1 CLUB EVENT

Teen Challenge SA's 100&1 Club held its first corporate event in April 2022, attended by 28 guests and hosted by Hub & Spoke, our corporate partner in strategy and design.

Guests had the opportunity to mingle and connect, and the event featured several guest speakers. John Lochowiak, Hub & Spoke partner of Indigenous relations, provided a warm Welcome to Country and highlighted how addiction has severely affected Indigenous people across Australia.

Mark Aiston, 100&1 Club ambassador, also talked about how proud he is to partner with Teen Challenge SA and gave a personal account of how addiction has negatively and severely impacted his life.

Photos: Futuro Avenue, Daniel Bertolo



Regional centres



Photo: Murray Valley Standard

MURRAY BRIDGE

Teen Challenge Murray Bridge has continued to offer the support services of food parcels, frozen bakery food, and Christmas hampers this year to hundreds of people in the Murray Bridge community.

The centre is located at 5 Marchand Street, Murray Bridge, and is open on Monday, Tuesday, Thursday and Friday from 10.00am to 3.00pm.

Teen Challenge Murray Bridge relies on monetary and food donations from the public for running expenses, food parcels and Christmas hampers.

Visit our website to support the work of Teen Challenge Murray Bridge: www.teenchallengesa.com/donate



MANNUM

Teen Challenge Mannum has continued with its usual activities over the last year at the Mannum Community Hub at 58 Walker Ave, Mannum.

Our main activities included our annual camp, kayaking, tenpin bowling, fortnightly Friday evening games and socialising, and Alpha for youth.

A huge thank you to the Ground Floor Op Shop in Mannum for donating \$2000, the Mid Murray Council for the grant funding of \$1000 for a large screen TV, and Mannum Community Church for its support.

Find out more about Teen Challenge Mannum by visiting its Facebook page (@Teen Challenge Mannum).

Student & staff stories



LEITH

For over 20 years, I have not really had a place to call home. I have not had somebody that I could call a true friend. Travelling from country to country for work is surprisingly a very lonely life to lead.

COVID changed everything for me. I couldn't travel, which meant I could no longer run away from my problems. I was back in Australia, with no work and only my sorrows and booze to keep me company.

I had to plan my days around having a drink before I could get out of bed, but I had to get out of bed so I could buy my booze. I was in and out of hospital and Drug and Alcohol Services SA and was as close as you can get to hanging by the neck from a tree.

Then I met Sarah and Darren and was offered a bed at Teen Challenge SA.

I have been able to rest substance-free and renew my relationship with God. Now, I have hope for a new future walking with our Lord. But there's more – my relationship with my children is being restored. Our Heavenly Father is allowing me to be the father I never was!



AARON

It took me living out on my own, fending for myself at the age of 15, going through jail and moving interstate to try and get my life back on track.

But it turns out I just kept living the same old lifestyle before I had a divine intervention. God was knocking at the door, and I was at my wits' end. I didn't have any strength left in my mind and soul to try and fight it.

So, I turned to what I knew of growing up, and that was God. I ended up moving back to Adelaide to undergo the 12-month program with Teen Challenge SA. After relying on myself for the past 13 years, it was time to let go of the reigns and hand them over to God.

It isn't an overnight switch-up where everything is all good. No. It is a lifelong journey, and I am thankful for the team of mentors and people who have dedicated their time to Teen Challenge SA to give me and others a chance and opportunity to become something more.

I understand that the real challenge starts after. This time, my life in Christ is far greater than ever, and Christ lives in me.



JORDAN

From the ages of 16 to 20, I grew dependent on using marijuana to run from the thoughts that constantly attacked me and the feelings of emptiness and hopelessness. I used drugs as a band-aid for these problems. Around this time, I developed a life-consuming interest in politics, instilled in me via the internet. I thought there was a political solution to my despair and hopelessness. I had become a right-wing radical.

What ended up being the lynchpin for my family to say enough is enough was a visit from a federal police officer about some of the radical things associated with me and my postings online.

Now, by the grace of God, I know who I am, where I'm going, and what I want from life. I was someone who couldn't string a sentence together and had no confidence. I have been delivered from this terrible way of living through my baptism and now have a newness of life that can only come from Christ.

Teen Challenge SA has been with me every step and provided me with opportunities 12 months ago that I only dreamt about. I'm studying for a career in youth work and have a supportive network of people around me.



SHANE, PROJECT OFFICER

As project officer, I have enjoyed working across the organisation on several behind-the-scenes processes and systems. Over the past year, I have been involved with reviewing and developing the ways new students come into the program.

I have learnt a great deal about what makes for a quality rehabilitation service, the diversity of experiences of those within our community, and the growth potential promoted by trusted relationships.



WILL, CASE MANAGER

I initially thought my role would merely be mowing lawns and taking out the rubbish. But after taking a tour and meeting the team, I was thrown into working closely with the students, teaching classes and doing case management.

I've loved my time here, seeing God working through me – and the other staff – to influence these men to make positive changes to their lives.

STATEMENT OF FINANCIAL PERFORMANCE

For the year ended 30 June 2022

	2022	2021
	\$	\$
Income		
Interest received	100	4,942
Donations	558,497	889,450
Rents received	12,231	34,313
Other income	24,167	153,911
Program fees	247,610	263,137
Wage subsidy	9,091	-
Grants	5,545	4,545
JobKeeper subsidy	-	54,000
Cash flow boost ATO	-	13,635
Total income	857,241	1,417,934
Expenditure		
Accountancy/audit fees	2,700	2,500
Advertising and promotion	33,067	35,383
Bank fees and charges	5,547	7,714
Cleaning/rubbish removal	7,149	8,618
Consultants fees	35,630	84,317
Computer and software costs	3,921	11,267
Depreciation	22,183	18,982
Donations	-	10,348
Fees and permits	1,469	2,121
Insurance	24,287	21,954
Interest paid	23,381	11,302
Legal fees	1,181	18,084
Management fees	-	2,263
Meeting expenses	394	382

	2022	2021
	\$	\$
Motor vehicle expenses	30,460	29,316
Minor plant and equipment	4,485	8,124
Printing and stationery	8,627	8,457
Program expenses	62,099	54,303
Rates and land taxes	15,629	12,727
Rent on land and buildings	6,687	179,027
Registration and memberships	11,960	10,926
Repairs and maintenance	17,964	29,834
Security	4,203	5,310
Service fees (electricity, gas, etc)	62,228	39,745
Staff amenities and training	1,962	1,250
Sundry expenses	-	2,329
Superannuation	35,525	20,902
Telephone	14,171	14,965
Wages	363,201	245,746
WorkCover costs	6,069	3,927
Volunteers cost	1,571	2,493
Total expenses	807,750	904,615
Surplus (deficit) from ordinary activities	49,491	513,319
Net surplus (deficit) attributable to the association	49,491	513,319
Total changes in equity of the association	49,491	513,319
Opening retained surplus	1,407,565	894,246
Net surplus (deficit) attributable to the association	49,491	513,319
Closing retained surplus	1,457,056	1,407,565

STATEMENT OF FINANCIAL POSITION

For the year ended 30 June 2022

	2022	2021
	\$	\$
Current assets		
Cash assets	816,343	827,277
Prepayments	34,612	15,596
Receivables	-	-
Current tax assets	238	190
Total current assets	851,193	843,063
Non-current assets		
Property, plant and equipment	2,701,310	2,675,573
Total non-current assets	2,701,310	2,675,573
Total assets	3,552,503	3,518,636
Current liabilities		
Payables	3,434	3,049
Other	5,628	2,778
Total current liabilities	9,062	5,827
Non-current liabilities		
Interest-bearing liabilities	1,663,928	1,690,738
Provisions	43,578	35,626
Total non-current liabilities	1,707,506	1,726,365
Total liabilities	1,716,568	1,732,192
Net assets	1,835,935	1,786,444
Association funds		
Reserves	378,879	378,879
Retained surplus	1,457,056	1,407,565
Total association funds	1,835,935	1,786,444



**PO Box 100
Marden SA 5070**

**73 Nelson Street
Stepney SA 5069**

08 8165 5399

admin@teenchallengesa.com

teenchallengesa.com